

# CONNECT WITH LLS



## MONDAY: MORNING COFFEE BREAKS

**Mondays - 9:30 to 10:00 a.m.**

Take 30 minutes to connect with others and start your week on a positive note. LLS sends the meeting invite - you may join the group or jump into breakout rooms with your team. Share TV shows you're bingeing, movies, books, quotes, recipes, take-out restaurants, YouTube workouts, and more!

## TUESDAY: TUESDAY TRIVIA

**Keep Your Mind Fit!**

Three trivia questions will be sent to your inbox at 10 a.m. every Tuesday.

Everyone who answers all three questions correctly and submits them by 10:30 a.m. to [LTN.MNG@LLS.org](mailto:LTN.MNG@LLS.org) will go into a drawing to win a \$10 gift card to your favorite local restaurant!



## WEDNESDAY: WORKOUT WEDNESDAYS

**Keep your body fit!**

Every Wednesday participants will receive a pre-recorded 30 minute work-out session guided by an LLS staff member. Workouts will be emailed to do together as a group, or on your own time at your leisure.

## THURSDAY: VIRTUAL HAPPY HOURS

Take a stab and crafting this week's cocktail recipe sent to your inbox. Join the group or a breakout room with your favorite beverage. Upload a bar-themed background and have fun! No agenda. No rules.





## VIRTUAL MEETING MADNESS:

Pick fun themes for your virtual meetings and submit a screenshot to [LTN.MNG@LLS.org](mailto:LTN.MNG@LLS.org). The most creative screenshot will be showcased each week on our website and social media!

**IDEAS:** Be creative! Upload fun backgrounds, wear quirky hats & headwear, wear specific themed or colored clothing, sports team face paint, host a pet cam meeting!

## HOW TO PARTICIPATE:

**\$5** donation per person/per week

- 4 weeks in May - **\$20** per person
- 4 weeks in June - **\$20** per person
- 8 weeks of May and June - **\$40** per person

- **INDIVIDUALS**
- **TEAMS**



## PRIZES & PERKS!

- **Tuesday Trivia** - weekly drawing for a \$10 gift card to your favorite local restaurant.
- **Virtual Meeting Madness Screenshot** - the most creative screenshots will be showcased weekly on our website and social media for bragging rights.

**TOP 3 FUNDRAISING TEAMS:** prizes will be awarded to open companies or after reopening. All teams that raise \$10K receive a team tent at Light The Night (10/11/2020 Harriet Island, St. Paul) and (9/24/2020 Falls, Park, Sioux Falls).

1. Bowling Party (up to 100)
2. Wine Party (up to 20)
3. Jersey Mike's Subs by the Box (up to 20)

**TOP 3 TEAM CAPTAINS:** with the most participants win one of:

- Jersey Mike's Subs delivery
- Cookie delivery
- Domino's Pizza Delivery

**TOP 3 INDIVIDUAL FUNDRAISERS:**

- Jersey Mike's Subs delivery
- Cookie delivery
- Domino's Pizza delivery



**LLS.ORG:**

The Leukemia & Lymphoma Society is at the forefront of the fight to cure cancer. We are the largest nonprofit dedicated to creating a world without blood cancers. We provide free education and support for blood cancer patients and families.

We drive policy changes to accelerate the development of new cancer treatments and break down barriers to care. Learn more at [LLS.org](https://lls.org).

